



CONTACT

 (973) 228-9900 x 248
 fpolak@postpolak.com

PRACTICE AREAS

Employment Law
Commercial Litigation

EDUCATION

Washington College of Law of
American University, J.D.,
*American University Law
Review*, 1974

Georgetown University,
M.S.F.S., 1970

Alfred University, B.A., 1968

ADMISSIONS

New Jersey

New York

U.S. District Court, District of
New Jersey

U.S. District Court, Southern
and Eastern Districts of New
York

U.S. Court of Appeals, Third
Circuit

U.S. Supreme Court

MEMBERSHIPS

American, New Jersey State
and Essex County Bar
Associations

Association of the Federal Bar of
the State of New Jersey

Frederick B. Polak *Shareholder*

Overview

Mr. Polak has been with the Firm for over 35 years. He spent the first six years of his professional life with the U.S. Department of Justice, including some three and one-half years with the United States Attorney's Office for the District of New Jersey. He has tried countless cases before juries and has extensive bench trial experience as well. Mr. Polak has also been appointed outside counsel by the New Jersey Attorney General in representing employees of County Prosecutors' Offices and the Department of Corrections in employment and civil rights cases. He served as a Trustee of the Association of the Federal Bar of New Jersey and a Master of the American Inns of Court Foundation, and has been selected as a New Jersey Super Lawyer for each year since 2005.

Professional and Civic Service Recognition:

- United States Department of Justice Honors Program
- Trial Attorney, U.S. Department of Justice, 1974-1981
- Board of Trustees, Anne Frank Center, USA 2005-2007
- American University Law Review, 1973-1974

